

Ambulatory BP Monitor

What is it ?

A blood pressure monitor records your blood pressure at intervals throughout the day and night. The monitor is worn for about one day.

Preparation

For your comfort we suggest you wear two piece clothing with a loose fitting shirt or top. It is advisable that you arrange to wear the monitor on a day when you can go about your usual activities, including attending work. You will not be able to shower or bathe until the monitor is removed the following day

Results

Results shall be send to your doctor after expert analysis.